

Transformative Space Intentions

We co-create a more just and peaceful future by affirming and manifesting the following:

TO COMMUNICATE EFFECTIVELY & BUILD MUTUAL UNDERSTANDING

WE ARE/I AM AUTHENTIC AND HONEST - I show up as my fully flawed self. I speak my own truth.

WE ARE/I AM CURIOUS - I accept that I likely know very little about the lived reality of my partners and honor their perspectives. I am open to learning and always seek first to understand before being understood.

TO SEEK BALANCE & HARMONY

WE ARE/I AM CENTERED AND WELL - I am tuned in to my own physiology and what it is responding to in the dynamics of my encounters with others. I practice self-care to be a more centered and balanced partner. I am creative.

TO BUILD TRUST, PRACTICE EQUITY & VALUE MY PARTNERS

WE ARE/I AM ACCOUNTABLE - I own the impact of my behavior. I accept responsibility to heal damage I have caused even if (especially if) the impact was out of alignment with my intent.

WE ARE/I AM BRAVE & VULNERABLE - I step into discomfort with my partners and with myself in order to learn, to heal and to foster trust.

WE ARE/I AM VALUED - Our fates are interconnected. We are part of an ecosystem in which each of us brings value to the community.

WE ARE/I AM MINDFUL AND REFLECTIVE - I remain aware of my intersectional identities and the power and privilege any of those afford me. I commit to use the power and privilege I do possess to make space for, and in service to, those with less. I continue to learn to recognize my own assumptions and biases and am receptive to invitations to consider where I remain unconscious of them.

I AM/WE ARE RELIABLE - I maintain the integrity of "the vault". I do not share information shared in confidence. I ask permission before sharing any information shared freely in the group.